



## Sandra Jost

October 13, 1945 - April 8, 2023

Sandra Lee Jost (Edwards) of St. Louis, Missouri was born on October 13, 1945, at St. Louis Maternity Hospital to Norman and Martha Edwards (Murch). Sandra entered into rest Saturday, April 8, 2023, in Chicago, Illinois at the age of 77 years old of late-stage Alzheimer's Disease.

Sandra lived in Webster Groves for most of her life until she moved to Chicago in 2019 to be with her daughters. She attended Goodall Elementary, Hixson Junior High, and Webster Groves High School. During primary and secondary school years, Sandra enjoyed being in a Girl Scout, a Girl Scout Leader, a member of the High School Varsity Pep Club, and cruising/racing with her friends at Schneithorst restaurant in Ladue.

Sandra devoted her life to helping others. After she graduated in 1963 from Webster Groves High School, she attended the Deaconess Hospital School of Nursing for from 1966 to 1963, which began her nursing journey that lasted more than 50 years. For over 37 years, she worked at Deaconess hospital as a Staff Nurse, Charge Nurse, Assistant Head Nurse, and Head nurse within the Medical Surgical, Mother-Baby, Postpartum and OB/GYN units. During the last few years of employment, she worked for Missouri Baptist, Lutheran Senior Services and the Children's Home Society of Missouri serving nursing home clients and children with developmental disabilities. During her career, Sandra also utilized Reiki, Therapeutic Touch and Healing Touch (energy-

based therapies) to help the moms, and newborn babies she worked with at Deaconess Hospital. As a result of her passion for energy-based therapies, Sandra started her own part-time business as an energy therapist in Webster Groves Missouri in 2004.

Sandra married Gordon Leo Jost on February 4, 1967, at the First Methodist Church in Webster Groves. After they married, Gordon was enlisted in Vietnam 1967 to 1970 and they moved to Germany where she volunteered as a Brownie Leader, was part of the hostess club and helped new moms with their babies. Though this relationship was not permanent, they did have 2 children together and remained friends afterwards.

Sandra was kind, caring and compassionate to all who came to know her. She loved spending time with family and friends, taking walks, reading Danielle Steele, sharing stories about her time in Germany, listening to Barry Manilow and Olivia Newton John, and having dinners at Red Lobster, Applebee's and Steak and Shake.

Sandra is preceded in death by her parents; Norman and Martha Edwards (Murch), and two siblings; Connie Robinson (Edwards) and Virginia Clock (Edwards).

She is survived by her two daughters, Deborah Jost-Beauford and Rebecca Kieffer (Jost), three grandchildren, Kyra Kieffer, Lexi and Ryan Beauford, and her former husband, Gordan Jost, along with numerous extended family and friends.

Sandra will be deeply missed by all who know her. A memorial page has been established in her name through the Alzheimer's Association to help support services and research for people and their families living with Alzheimer's. <http://act.alz.org/goto/sandrajost2023>

Services will be held on Friday, April 28th at Chapel Hill Mortuary-Kirkwood. The visitation will be at 12:00pm. Services will begin at 1:00pm. Interment to follow.

# Cemetery Details

## Chapel Hill Mortuary - Kirkwood

10301 Big Bend Road  
Kirkwood, MO 63122  
(314) 965-8228  
info@stlfuneral.com  
<https://www.stlfuneral.com>

# Previous Events

## Visitation

APR 28. 12:00 PM - 1:00 PM (CT)

Chapel Hill Mortuary - Kirkwood  
10301 Big Bend Road  
Kirkwood, MO 63122  
(314) 965-8228  
info@stlfuneral.com  
<https://www.stlfuneral.com>

## Celebration of Life

APR 28. 1:00 PM (CT)

Chapel Hill Mortuary - Kirkwood  
10301 Big Bend Road  
Kirkwood, MO 63122  
(314) 965-8228  
info@stlfuneral.com  
<https://www.stlfuneral.com>

## Interment

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APR **28**. 2:00 PM (cst)

Chapel Hill Mortuary Kirkwood  
Chapel Hill Kirkwood MO Funeral Provider #2024012631  
10301 Big Bend Road  
Kirkwood, MO 63122  
(314) 965-8228

# Tribute Wall



“ *Country Basket Blooms was purchased for the family of Sandra Jost.*



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April 27, 2023 at 06:44 AM



“ *Grandpa Rich and the Collins Family purchased the Emerald Garden Basket for the family of Sandra Jost.*



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**Grandpa Rich and the Collins Family** - April 26, 2023 at 02:53 PM

KF

“ I met Sandie when I started working as a student nurse then new graduate nurse on 2 North at Deaconess Hospital. Sandie took me under her wing and became a mentor to me. Soon she was much more than a mentor; she was my friend. Sandie was a source of support to me thru the ups and downs of my life.

Sandie was an exceptional nurse who always went above and beyond for all those in her care and their families. Her special gift for therapeutic touch made her a favorite of one of the OB physicians. He would often seek her out to care for his patients. Mothers coming back to Deaconess to deliver another child would remember her and ask for her to care for them or their newborn if she was working in the nursery.

Above all, Sandie loved her girls, Rebecca and Debbie It was difficult at times juggling being a single mom and holding down a job. She always strove to be the best mom she could be. She watched over her girls then and will continue to watch over her them now. I believe she will be their special angel constantly at their side.

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**Karen Fox** - April 26, 2023 at 09:12 AM



“ Beautiful in Blue was purchased for the family of Sandra Jost.



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April 24, 2023 at 01:46 PM