



## Frieda Jewel Veninga

April 13, 1930 - May 7, 2019

Veninga, Frieda Jewel, of Fenton, Missouri, was born April 13, 1930, in Leachville, Arkansas to Fred B. and Daisy (nee Littrell) Arnold and entered into rest Tuesday, May 7, 2019 in Fenton, Missouri at the age of 89 years and 24 days.

She is preceded in death by, her parents, her sister Dorothy Sherill, and her brother Amos Arnold.

She is survived by,

four (4) children, Ben (Jann) Jackson, Ron Jackson, Tom Veninga and Katina Thomas,

several grandchildren, great grandchildren, and great great grandchildren,

one (1) brother, Leo (Ruth) Arnold,

along with many other family members and friends.

Frieda loved her family and loved spending time with them at family bar-b-ques. She was a great cook. She enjoyed her music and loved to dance. She supported her local St. Louis Cardinals and enjoyed the Rams when they

were in town. Frieda was fond of butterflies, pinochle and playing dominoes. Her true passion was her work. Frieda was a dietician at Des Peres Hospital aka St. Luke's and worked until she was 84 years of age. She started the dietician program at Meramec in Kirkwood, Missouri. She will be fondly remembered and dearly missed by all who knew and loved her.

Memorial Service, Saturday, May 18, 2019 from 9:00 a.m. until service starting at 10:00 a.m. at CHAPEL HILL MORTUARY, 6300 Highway 30, Cedar Hill, Missouri. In lieu of flowers memorial donations may be made to American Diabetes Association, 425 South Woods Mill Road, Suite 110, Town and Country, Missouri 63017. Family and friends can review and share stories, photos and condolences online at [www.stlfuneral.com](http://www.stlfuneral.com) and follow details of this event and others in the community at [www.facebook.com/stlchapelhill](http://www.facebook.com/stlchapelhill).

# Previous Events

## Memorial Service

MAY 18. 10:00 AM (CT)

Chapel Hill Mortuary - Cedar Hill  
6300 Highway 30  
Cedar Hill, MO 63016  
(636) 274-4100  
info@stlfuneral.com  
<https://www.stlfuneral.com>

# Tribute Wall



“ *Frieda Jewel Veninga*

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January 06, 2023 at 10:46 PM



“ *My sweet grandma. Though I always knew this day would come, it has taken me a week to be able to put in words how much you will be missed. During the last week of reflection, I realized that I never knew of trouble or sorrow in your life. You were always welcoming and loving. You always made everything better. You were the rock of our family and the calm to any storm. When Amy died, you were the biggest part of my comfort and for any other up or down in life, I knew I could always turn to you. I was selfish on that front, but so grateful for you.*

*On this obituary, you are listed as the grandmother to many, but there is no denying that you were so much more than just my grandma, you were my keeper of secrets, of hopes, of dreams and an unconditional love that could never waiver. I will forever strive to be sure that you are as proud of me throughout the rest of my life as you were everyday of life with you in it.*

*I love you, grandma. I miss you terribly and through tear-filled eyes, I thank you for the wonderful opportunity to be your grandson.*

*- David*

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**David Jackson** - May 14, 2019 at 12:06 PM



“ *Lavender Reflections Spray was purchased for the family of Frieda Jewel Veninga.*



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May 13, 2019 at 02:30 PM